

# Contact Us

Thank you for stopping by...

If there is a topic you would like to see discussed on Thriveforreal.com, please drop me a note.

If you are interested in holistic wellness guidance in the Muskegon area, please complete the form below. Counseling sessions via Skype can also be easily arranged.

Thrive for Real, LLC, is located in Suite 205 at 255 Seminole, Muskegon, MI 49444 – right above the Coffee House. Hours by appointment at 231-288-7221.

Check out our [Facebook page](#), too.

If you live along the beautiful Western Michigan Shoreline, please visit the [Nourishing the Lakeshore Facebook page](#). We'd love if you would join us for a free informational meeting about traditional healthy eating.

Your Name (required)

Your Email (required)

Subject

Your Message

